

FUND-A-BED FUNDRAISER 2024

Substance misuse and alcohol dependency often begin quietly, leading to isolation, despair, and shame. Addiction can feel like an inescapable cage, affecting health, relationships, and self-worth. It's not just the individuals who suffer; their families and communities feel the ripple effects of these struggles as well. **Two Ten Recovery** provides hope with safe, supportive residential spaces where people rebuild their lives with dignity and care. With nearly an **80% success rate**, Two Ten is transforming lives, families, and communities—**one bed at a time**.

14 BEDS at 210 Maryland + 6 BEDS at Cole's Cottage + 12 BEDS at Destiny House + 5 NEW BEDS at Guelph Home = 37 people who...

- Are lifted from the streets and provided a safe space to heal
- Are free from regular interactions with the justice system and emergency services
- Are protected from the risks of drug poisoning
- Have the chance to reunite with their children and loved ones
- Can rebuild confidence and re-enter the workforce, becoming self-sufficient

SPONSOR A BED: BE A LIFELINE FOR RECOVERY

TWO TEN RECOVERY is calling on 37 champions to sponsor a bed for **\$3,000 each**. Your sponsorship will offer someone not just a place to stay, but the chance for a new beginning—a life free from the grips of addiction. Imagine being the reason someone can finally find peace, stability, and a path forward.

For **\$3,000**, you provide a full year of recovery, which includes:

- Safe, secure housing in a supportive environment
- Help with employment and legal challenges
- Access to education, vocational skills, and life-building workshops
- Peer and family support to rebuild broken relationships
- Meaningful activities and cultural engagement that spark a new sense of purpose

We understand not everyone can give \$3,000. Any donation, big or small, makes a difference. Every contribution helps provide the support and safe space someone needs to rebuild their life.

HOW TO SPONSOR

You can become a champion of recovery through one of the following options:

Cheque: Payable to Two Ten Recovery, 210 Maryland St, Winnipeg, MB R3G 1L6.

E-transfer: info@twotenrecovery.org (include contact info for tax receipt)

Credit Card: Visit our website at www.twotenrecovery.org and click on the "donate" button.

For more information, contact:

Angie Lohr, Executive Director

Email: angielohr@twotenrecovery.org | Phone: 250-864-0399

All sponsors will receive a charitable tax receipt and an invitation to a special recognition event in January 2025.

TESTIMONIALS

"I had gained the basics of life back absolutely, but more importantly I gained the feeling of purpose, confidence, success, I had support, encouragement and a family and a sisterhood. Destiny house is not just 4 walls it is a home, a place with love and new beginnings."

- Former Destiny House Resident

"210 was a huge part in the foundation of my recovery. The staff were also an amazing support for me as they all have live experience and were able to share their strength, hope and advice with me. I am very grateful for everything 210 has done for me and the opportunities it has created."

- Former 210 Maryland Resident

**Together, we can be a source of compassion and change.
Sponsor a bed today and help someone take their first step toward a brighter future.**



Dear Two Ten Recovery Champions,

I'm honored to introduce myself as Angie Lohr, the new Executive Director of Two Ten Recovery Inc., and to invite you to join our Fund-A-Bed fundraiser. This cause is personal for me, having experienced my own recovery journey.

Originally from Winnipeg, I moved to the Okanagan, where I founded HOPE Okanagan, supporting women in sex work, addiction, and homelessness. After over a decade in Kelowna, I've returned to continue my work in addiction recovery here at Two Ten.

My struggle with addiction began at 28, and after 13 challenging years, I found hope through local programs like Main Street Project and Esther House. Today, I am living proof that recovery is possible, and I'm passionate about helping others find their second chance.

Since joining Two Ten in May 2024, I've been deeply moved by the impact of our program. We offer individuals the opportunity to break free from addiction and rebuild their lives—one bed at a time.

But we can't do this alone. That's where you come in.

We're asking 37 champions to sponsor a bed for \$3,000. This will provide one year of support for someone in recovery, offering safe housing, life skills, and the guidance to start a new life. Your generosity will directly change lives.

We understand that not everyone can afford a \$3,000 contribution, but any donation, no matter the size, will make a meaningful difference. Every dollar helps provide someone with the support they need to transform their future.

Please see the attached details, and I look forward to thanking you personally at a special event in January.

With gratitude and hope,

Angie Lohr
Executive Director
Two Ten Recovery Inc.
twotenrecovery.org
[@twotenrecoveryinc](https://www.instagram.com/twotenrecoveryinc)